

**Becky Lopez** 

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**Dance Fundamentals** 

### **Course Description:**

This course, designed for the beginning level dancer, introduces basic technique in ballet, modern, jazz, and tap, as well as choreography and the art of performing. Dance history and terminology for each form will be discussed. Stage terminology and theatre etiquette are also included in this level. Class activities will include performances, skill tests, and written assignments. All course objectives are aligned with Arizona College and Career Ready Standards and/or national standards and supports school-wide efforts to increase student achievement.

### **Course Objectives:**

By the time the student completes this course of study, the student will know or be able to:

- 1. Demonstrate a working knowledge of correct body alignment and anatomy
- 2. Properly demonstrate the ability to perform a variety of dance techniques.
- 3. Recognize and use choreographic and improvisation tools to interpret and create movement.
- 4. Recognize important dance figures and identify their roles in dance history.
- 5. Demonstrate knowledge of the technical aspects of a dance production.
- 6. Demonstrate knowledge of dance terminology related to course content.
- 7. Demonstrate the ability to work with various styles of music and rhythmic forms.
- 8. Demonstrate strength, flexibility, balance, and control.
- 9. Work cooperatively with peers in a productive manner.

#### **Classroom Rules**

- 1. Arrive on time and dress out within 5 minutes. Missing warm-up can cause injuries.
- 2. **No gum**, cell phones, iPods or mp3 players allowed on the dance floor.
- 3. Bring everything you need to class: dance clothes, hair ties, feminine products, etc.
- 4. Give your attention to the teacher or choreographer. Be respectful and listen.
- 5. Pick up your litter and personal belongings. Please make sure all valuables are secured in your backpack.
- 6. No one is to leave the classroom without permission or until they have been dismissed. The teacher will give permission to dress back out.
- 7. All school policies and rules are applicable in the classroom.
- 8. Profanity and disorderly conduct will not be tolerated.
- 9. Students are expected to maintain a proper attitude and be responsible for their actions at all times.
- 10. Have fun!!!

#### Consequences

Failure to adhere to classroom rules will result in the following actions

- 1. Verbal warning/point deductions
- 2. Phone call home
- 3. Detention
- 4. Discipline referral

Grading:

# **Daily Device Use (iPads)**

Students should come to school with their iPads charged and ready to use in each class every day. Within each classroom, there are three possible technology environments. Teachers will identify for students the environment expected during their class period.

Devices may not be used to record or take photos of other people without their consent. Consequences for

## **Dance Concert Expectations**

It is our goal to create an enjoyable experience for our audience members at the performances with minimal distraction from the overall dances. Due to that, we will have strict expectations for how you conduct and present yourself during the week of the shows. The following are some of the things that you will be expected abide by:

## Appearance

- \*All jewelry should be removed with the exception of **small** studs in your ears.
- \*Please cover up any tattoos that are visible to the audience.
- \*There should be no bras or other undergarments visible underneath your assigned costumes. This includes bralettes, sports bras, and colored bras.
- \*Hair must be neutral colored. Please no bright, unnatural hair colors (blue, green, pink, purple, etc). Hair style will be decided by your instructor